

VALLEY:

Legal:

Texas Rio Grande Legal Aid

Non profit organization that provides free legal services to the residents of Southwest Texas who are unable to afford the fees of Attorneys in private practice

308 E. Harrison
Harlingen, TX 78550
956-423-3111
www.trla.org

Advocacy Inc.

Is funded by the US Congress to protect and advocate for the legal rights of people with disabilities.

Mcallen Satellite office
200 South 10th street suite 405
Mcallen, TX 78501
Phone: 956-630-3013
Fax: 956-630-3445
www.advocacyinc.org

Education:

Neighbors in Need of Services (NINOS)

Head Start and Early Head Start

A comprehensive childcare and developmental program which serves children and their families from pregnancy through 4 yrs of age

402 E. Robertson St
San Benito, TX 78586
Phone: 956-399-9944
Fax: 956-399-9966
www.ninosinc.org

Region 1

Child Find Program – children from birth-21 yrs of age who need assistance with ECI and Special Education

1900 W. Schunior
Edinburg, TX 78541
956-984-6000
Contact: Juanita Lovejoy – 956-984-6215
Contact: Esmeralda Mora—956-984-6166
www.esc1.net

Texas Project First

Was created by the Texas Education Agency for families to provide information, education, resources, support and training for parents who have children with special needs in the public school system.

www.texasprojectfirst.org

TEA parent information: 1-800-252-9668

Cameron and Willacy Community Projects (WILCAM)

3302 Boca Chica Ste 209
Brownsville, TX 78521
956-544-6411

Easter Seals

Medical Outpatient Rehabilitation, ECI, Inclusive Child Care, Support Groups, Autism Awareness

Mcallen: 1217 Houston St
Mcallen, TX 78501
Phone: 956-631-9171
Fax: 956-631-7566

Harlingen: 2422 E. Tyler
Harlingen, TX 78550
Phone: 956-423-9171
Fax: 956-423-7457

www.rgv.easterseals.com

Deaf, Hard of Hearing and Blind Services:

Texas Commission for the Blind

Assists the blind or visually impaired individuals and their families

Harlingen Field Office

1812 W. Jefferson

Harlingen, TX 78550

Phone: 956-366-3600

Fax: 956-366-3614

Toll Free: 1-800-687-7025

www.dars.state.tx.us/dbs

Texas Commission for the Deaf and Hard of Hearing

Works to eliminate societal and communication barriers to improve equal access for people who are deaf or hard of hearing

4900 N. Lamar Suite 2169

Austin, TX 78711

Phone: 512-407-3250

Local Contact:

Communication Access Ability Group

135 Paseo Del Prado Ste 33

Edinburg, TX 78539

Contact person: Sonia Quintero

Phone: 956-618-0500

Fax: 956-618-0501

Toll Free: 866-818-3323

Brownsville Regional Day School Program for the Deaf

Janice Metsker-Galarza, Coordinator

2467 Price Road

Brownsville, TX 78521

Phone: 956-548-8404 V/TTY

Fax: 956-548-8446

janicegalarza@bisd.us

Mcallen Regional Day School Program for the Deaf

Alma Garza, Director
2000 North 23rd Street
Mcallen, TX 78501
Phone: 956-971-4500 V/TTY
Fax: 956-971-4506
alma.garza@mcallenisd.net

Medical:

Ronald McDonald House Charities

Temporary lodging for family members of children in the hospital
1720 Treasure Hills Blvd
Harlingen, TX 78550
956-412-7200
Attn: Denise Cantu
www.rmhc.org

Cameron County Indigent Program

Protects and promotes the healthcare and well being of Cameron County residents through the provision of quality of care that is accessible and affordable, focuses on disease prevention, community services, and emergency preparedness
1390 W. Expressway 83
San Benito, TX 78586
956-247-3685
www.co.cameron.tx.us/health/indigent_health_care.html

Su Clinica Familiar

Community health facility that offers a sliding scale discount for those who do not qualify for any other programs based on income, family size, assets, etc. Offers Internal Medicine, Dental, Women's health, and pediatric services
Raymondville: 956-689-2196
Harlingen: 956-365-6000
Brownsville: 956-831-8338
www.suclinica.org

Nuestra Clinica Del Valle

Medical Assistance on a sliding scale bases on income, family size, etc
San Juan: 956-787-0787
Mercedes: 956-565-3191
Alton: 956-519-1800
Mission: 956-581-7585
Donna: 956-464-5809
Edcouch: 956-262-1363
Edinburg: 956-287-8850

Brownsville Community Health Center

Offer medical care for pediatrics, adult medicine, obstetrics, dental with or without 3rd payer source on sliding scale dependent on federal poverty guidelines and family size.

2137 E. 22nd St

Brownsville, TX 78520

956-548-7400

www.brownsvillechc.com

Counseling Services:**Tropical Texas Behavioral Health Center**

Assistance for children with disabilities, ADHD, ADD, IED, Down Syndrome, Autism, Developmental Disorders

1111 A N. 7th Street

Harlingen, TX 78550

956-423-8094

Toll Free: 1-800-813-1233

www.ttbh.org

Methodist Counseling Services

Mental health counseling services based on sliding scale dependent on income, family size, etc.

Harlingen / Port Isabel: 1-866-212-3367

La Feria: 1-866-264-1573

Raymondville/ Pharr: 1-866-724-1402

Brownsville/ San Benito: 1-866-212-0440

Mcallen/ Mission: 1-866-395-3240

Domestic Violence/ Sexual Abuse:**Family Crisis Center**

Offer Shelter, education and counseling services and undertaking all lawful activities for the protection and assistance of victims of sexual assault and domestic violence

616 W. Taylor

Harlingen, TX 78550

956-423-9304

www.familycrisisctr.org

Friendship of Women

Long term emergency housing for women who are victims of domestic violence

302 Kings Highway #113

Brownsville, TX 78520

956-544-7412

www.fowinc.com

Mujeres Unidas

To provide shelter and programs for women, men, and children who are victims of domestic violence and sexual abuse

511 N. Cynthia

Mcallen, TX 78501

956-630-4878

www.muieresunidas.org

Disability Resources:

Easter Seals

Medical Outpatient Rehabilitation, ECI, Inclusive Child Care, Support Groups, Autism Awareness

Mcallen: 1217 Houston St

Mcallen, TX 78501

Phone: 956-631-9171

Fax: 956-631-7566

Rgv.easterseals.com

Harlingen: 2422 E. Tyler

Harlingen, TX 78550

Phone: 956-423-9171

Fax: 956-423-7457

Valley Association for Independent Living (VAIL)

Assists with Deaf Services, Interpreting Services, Social Security Benefits Counseling, Independent Living Services, Home by Choice Relocation Services, CLASS, Sign Language Classes

3012 N. McColl Road

Mcallen, TX 78501

Phone: 956-668-8245

Fax: 956-631-7914

www.valleyassociation.org

Muscular Dystrophy Association (MDA)

A non profit health agency dedicated to curing Muscular Dystrophy, ALS, and related diseases by funding worldwide research, providing comprehensive health care, advocacy and education

Local Chapter:

222 East Van Buren Suite 405

Harlingen, TX 78550

Phone: 956-412-8797

Fax: 956-428-4686

Contact email: Harlingen@mdausa.org

www.mda.org

MDA Telethon

Yearly event held on Labor Day to promote education and raise money for the research and education of Muscular Dystrophy, ALS, and related diseases

9201 W. Expressway 83

Harlingen, TX 78550

956-366-4444

www.team4news.com

Medically Dependent Children's Program (MDCP)

Provides services to support families caring for children and young adults who are medically dependent and to encourage the deinstitutionalization of children in nursing facilities

Referral Line: 1-800-422-2956

Personal Care Services for Children with Special Health Care Needs

A medical benefit from birth – 20 yrs of age who have Medicaid that have physical cognitive or behavioral limitations related to a disability or chronic health condition that inhibits the clients ability to accomplish ADL's or IADL's

Referral Line: 1-888-276-0702

Community Living and Assistance Support Services Program (CLASS)

Provides services to children with disabilities prior to age 22 that offers a cost effective alternative to placement in an intermediate care facility for persons with mental retardation or related condition

Referral Line: 1-877-438-5658

Miracle Kids of South Texas/ Border Mobility

Valley Baptist Foundation 956-389-1614

Irma.villarreal@valleybaptist.net

Efrain Guerrero 956-683-1238

March of Dimes

To improve the health of babies by preventing birth defects, premature birth, and infant mortality through community services, education and advocacy

1418 Beech Ave #106

Mcallen, TX 78501

956-682-7114

www.marchofdimes.com

Support Groups:

RGV Discover Life (Down Syndrome Support Group)

3100 South 2nd Street # 21

Mcallen, TX 78503

956-451-3911

Email: down.org@gmail.com

Down by the Border (Down Syndrome Support Group)

Support group that helps parents of children with special needs

15 W. Madison Suite A

Brownsville, TX 78520

956-541-2085

Email: zariahzarate@yahoo.com

STEPS (Society for Total Exception for Parent Support)

Provides a safe environment for parents to share their feelings and concerns and to educate parents of children's rights and to advocate for them as well as teach parents how to advocate for themselves and their children

105 Pizarro Ave
Rancho Viejo, TX 78575
Isela Wilson--956-778-1142 or Christina Silva--956-428-4631
irwibc@earthlink.net
Suarez.chris@att.net

Parents Advocating for Student Success (PASS)

Trinity Lutheran Church
901 Boca Chica Blvd
Brownsville, TX 78520
Director: Rebekah Rasco
956-371-4292

Texas Parent to Parent

A nonprofit organization created by parents to provide support and information to families of children with disabilities, chronic illness, and special health care needs
3710 Cedar Street Box 12
Austin, TX 78705-1449
1-866-896-6001
www.txp2p.org
contact Brownsville: Olga Astorga 956-203-1067
Contact San Juan: Horacio and Monica Castillo 956-533-6879

Housing, Meal Assistance, Local Resources

Loaves and Fishes

Assist with feeding the hungry, homeless shelter, job training and placement, assist with financial and non financial assistance
514 S. E Street
Harlingen, TX 78550
956-423-1014
www.lfrgv.org

Catholic Social Services

Funded through the Diocese of Brownsville and provides assistance for immigration assistance, counseling, case management, jail ministry, Natural Family Planning, Health Care Ministries, and Housing
700 N. Virgen de San Juan Blvd
San Juan, TX 78581
Phone: 956-781-5323
Fax: 956-784-5081
www.cdob.org

Angel Food Ministries

A non profit, non denominational organization dedicated to providing relief and financial support to communities throughout the US

Brownsville: www.livingbreadrgv.org 956-504-1410

Harlingen: www.projectfutureddesign.com 956-412-5600

Laguna Vista: 956-943-5595

San Juan/ Pharr: 956-787-4529

www.angelfoodministries.com

Tip of Texas Family Outreach

Parenting Classes—offers a variety of classes, bilingual, free of charge

Safe Sitter Program—teaches boys and girls ages 11-14 how to handle emergencies when caring for children. This class teaches safe and nurturing children care techniques, behavior management skills and appropriate responses to medical emergencies.

All Classes Held at family outreach center

455 E. Levee

Brownsville, TX 78520

956-541-5566

State Resources:

Safe Rider Program

A Texas-wide Child Passenger Safety (CPS) program dedicated to preventing deaths and reducing injuries to children due to motor vehicle crashes

1-800-252-8255

www.dshs.state.tx.us/saferiders

211 Texas

A free helpline on services in your area answered 24 hours a day, 7 days a week in many languages

211

www.211texas.org

HARP (Hispanic Active Relationships Projects)

To assist couples strengthen existing marriages and to prepare those considering marriage, or help those who are not married but have children together and establish co-parenting relationships for their children.

1601 E. Alton Gloor Blvd Bldg A

Brownsville, TX 78501

956-544-7165

www.HARPCC.com

