

LAREDO:

Legal:

Texas Rio Grande Legal Aid

Non profit organization that provides free legal services to the residents of Southwest Texas who are unable to afford the fees of Attorneys in private practice

1702 Convent Ave

Laredo, TX 78040

956-718-4600

www.trla.org

Advocacy Inc.

Is funded by the US Congress to protect and advocate for the legal rights of people with disabilities.

Mcallen Satellite office

200 South 10th street suite 405

Mcallen, TX 78501

956-630-3013

www.advocacyinc.org

San Antonio Office

6800 Park Ten Blvd Suite 208-N

San Antonio, TX 78213

210-737-0499

Education:

Laredo ISD

Child Find Program

1719 Farragut

Laredo, TX 78040

Social Work Department

956-795-3420

United ISD

Child Find Program

Social Work Department

956-473-2040

Deaf, Hard of Hearing and Blind Services:

Laredo Regional Day School Program for the Deaf

1719 Farragut Street

Laredo, TX 78040

956-795-3420 V/TTY

Supervisor: Rakia Musa

rsmusa@laredoisd.org

Texas Commission for the Blind - DARS

313 W. Village Blvd Suite 112

Laredo, TX 78041

956-523-8050

Contact: Ralph Rangel or Robert Liendo

Texas Commission for the Deaf and Hard of Hearing

Works to eliminate societal and communication barriers to improve equal access for people who are deaf or hard of hearing

4900 N. Lamar Suite 2169
Austin, TX 78711
512-407-3250

Laredo Speech- Hearing and Language Association

#2 Lindenwood Dr.
Laredo, TX 78045
President: Esmeralda Gonzalez

Medical:

Gateway Community Health Center

Provides medical services regardless of insurance status

1515 Pappas/ PO Box 3397
Laredo, TX 78041
956-795-8100/ 956-795-8130
Contact: miket.gateway@tachc.org
www.gatewaychc.com

Down Syndrome Clinics in Texas

Affiliation: Marni Paul Specialty Care Center; Dell Children's Medical Center of Central Texas

Offer Specialty medical care, evaluation, education, referrals as needed, also provide physical exam by physician, PT, OT, and ST therapy evaluations, Labs, X-Rays, Translation services, resources and referrals as needed or requested. 2 Clinics offered monthly—1st Wed Afternoon and 2nd Monday Afternoon. Serves children birth to 18 in Central Texas

4900 Mueller Blvd
Austin, TX 78723
512-324-0137
Contact: Nancy Ross, RN/Nurse Coordinator
www.dellchildrens.net

Affiliation: Children's Medical Center Dallas

Offer specialty medical care, evaluation, therapeutic services, behavior services, medical exams, evaluations, preventative medical care, speech and Physical therapy evaluations, genetic counseling, social services, parent outreach and dietary counseling. Serves children birth to 18 years I North Texas but currently have a 9 month waiting list. 4 clinics offered monthly every Friday morning

1935 Medical District Drive
Dallas, TX 75235
Contact: Joanna Spahis, Clinical Nurse Specialist
www.childrens.com

Affiliation Baylor College of Medicine/ Baylor Transition Medicine Clinic

Offer primary medical care, specialty medical care, evaluation, mental health services, education, behavior services, medical home, consultation, subspecialty services, case management and case coordination by LCSW's with emphasis on supportive employment and vocational education. Serves patient's 14 and up in the Houston Metro and surrounding area. New consults on Wednesday and Thursday evening with a return visit M-F 8-5 pm

6620 Main Street suite 1250

Houston, TX 77030

Contact: osten@bcm.edu, Caughlin@bcm.edu

CPR Certification

Both hospitals offer CPR certification services. Call and ask for CPR classes and they will direct your call.

Laredo Medical Center

1700 E. Saunders

Laredo, TX 78041

956-796-5000

Doctor's Hospital of Laredo

10700 McPherson Rd

Laredo, TX 78045

956-523-2000

Counseling Services:

TAMIU Community Stress Center

1319 Corpus Christi

Laredo, TX 78040

956-285-0854

Domestic Violence/ Sexual Abuse:

Casa de Misericordia

Provides victims of domestic abuse as well as Laredo community with educational activities and opportunities for support and transition to self sufficiency

PO Box 430175

Laredo, TX 78040

956-712-9590

Email: casademisericordia@stx.rr.com

Children's Advocacy Center

Provides forensic interviews, counseling, and assessments, therapy, victim assistance services, advocacy and education for children

1111 N. Meridia

Laredo, TX 78046

956-712-1840

Email: executivedirector@caclaredo.org

www.caclaredo.org

Stop Child Abuse and Neglect

2387 Saunders, Suite 2

Laredo, TX 78041

956-724-3177

Contact: Isela S. Dabdoub

Disability Resources:

Autism Treatment Center—Texas A&M International Center

5201 University Blvd
Cowart Hall 1st Floor
Laredo, TX 78041
956-326-4673
www.tamtu.edu

Muscular Dystrophy Association (MDA)

A non profit health agency dedicated to curing Muscular Dystrophy, ALS, and related diseases by funding worldwide research, providing comprehensive health care, advocacy and education
San Antonio Chapter
8610 Broadway #200
San Antonio, TX 78217
210-650-3181
Contact email: sanantoniosouth@mdusa.org
www.mda.org

MDA Telethon

Yearly event held on Labor Day to promote education and raise money for the research and education of Muscular Dystrophy, ALS, and related diseases
KGNS-TV-Pro8news
120 W. Del Mar Blvd
Laredo, TX 78041
956-727-8888
email8@pro8news.com

One for Autism South Texas Clinic

Westgate Plaza
4501 McPherson Suite 9
Laredo, TX 78041
956-717-2599
www.oneforautism.com

Ruthe B. Cowl Rehabilitation Center

Pioneers in Physical and Emotional Restoration
PO Box 1620/ 1220 Malinche
Laredo, TX 78040
956-722-2431
www.ruthebcowl.com

Medically Dependent Children's Program (MDCP)

Provides services to support families caring for children and young adults who are medically dependent and to encourage the deinstitutionalization of children in nursing facilities
Referral Line: 1-800-422-2956

Personal Care Services for Children with Special Health Care Needs

A medical benefit from birth – 20 yrs of age who have Medicaid that have physical cognitive or behavioral limitations related to a disability or chronic health condition that inhibits the clients ability to accomplish ADL's or IADL's

Referral Line: 1-888-276-0702

Community Living and Assistance Support Services Program (CLASS)

Provides services to children with disabilities prior to age 22 that offers a cost effective alternative to placement in an intermediate care facility for persons with mental retardation or related condition

Referral Line: 1-877-438-5658

Special Olympics Texas-Laredo

1407 Calle del Norte suite 12

Laredo, TX 78041

956-712-2144

Contact: Maribel Santoya

Email: msantoya@sotx.org

www.specialolympicstexas.org

Spina Bifida of Laredo

504 Merlin

Laredo, TX 78041

Contact: Patty Cruz

March of Dimes

To improve the health of babies by preventing birth defects, premature birth, and infant mortality through community services, education and advocacy

1100 Matamoros (located inside Wells Fargo Bank)

Laredo, TX 78040

1-800-580-4215

Contact: Angie Madrigal

Amistad-Falcon Division

www.marchofdimes.com

United Way of Laredo

PO Box 1711

Laredo, TX 78044

956-723-9113

Contact: Peggy D. Garcia

Email: unitedw@lmtonline.com

Support Groups:

Think Autism Support Group (United Baptist Church)

811 International Blvd

Laredo, TX 78045

956-727-7729

Contact: Sandra Falcon-Banchs

Email: Sandra-falcon@stx.rr.com

<http://thinkautismsupportgroup.webs.com>

Families for Autism Support and Awareness (FFASAA)

Support Group to promote Autism awareness for parents, caregivers, and the community

PO Box 440851

Laredo, TX 78044-0851

956-763-6044

Contact: Ramon and Veronica Orduno

Email: orduno1@lmtonline.com

www.familiesforautism.org

Housing, Meal Assistance, Local Resources

BEST (Bringing Everyone Special Together)-Time Bank

1301 Farragut, 3rd Floor, West Wing

Laredo, TX 78040

956-712-8463

Contact: Adriana Hairo

Email: timebank2003@hotmail.com

www.besttimebank.org

Bethany House of Laredo

Provide hot meals for homeless and indigent; provide nonperishable food and beverage items, clothing distribution center and emergency shelter

PO Box 1994

Laredo, TX 78040

956-722-4152

Contact: Jerri Lynn Ortiz Jerrilynn@bethanyhouseoflaredo.org

www.bethanyhouseoflaredo.org

Diocese of Laredo—Pastoral Center

Provide general fund assistance, information and referral, resources, immigration services and adoption services

Department of Persons with Disabilities Office

1201 Corpus Christi Street

Laredo, TX 78040

Office Hours—Monday –Friday 9:00am - 5:00pm

956-727-2140

<http://thedioceseoflaredo.org>

Sacred Heart Children's Home

3310 S. Zapata Hwy

Laredo, TX 78046

956-723-3343

Email: misidra006@yahoo.com

Salvation Army

Assist with rebuilding lives, through community, fellowship, and support

408 Matamoros

Laredo, TX 78040

956-723-2349

Serving Children and Adolescents in Need

To foster the healthy development of children, adolescents, adults and families through the provision of engaging, responsive, comprehensive, and developmentally appropriate services that are deeply rooted in the community

2347 E. Saunders, Suite B

Laredo, TX 78041

956-724-5111

Contact: Isela Dabdob isela@scan-inc.org

www.scan-inc.org

South Texas Food Bank

Stopping hunger by collecting and distributing food through many partnerships while raising awareness and educating the community on the realities of hunger

PO Box 2007/1907 Freight

Laredo, TX 78040

956-726-3120

Contact: Alfredo Castillo acastillo@southtexasfoodbank.org

www.southtexasfoodbank.org

City of Laredo Housing Authority

Provides housing for low income families; Paperwork to take to appointment: Social Security Card, Birth Certificate, and Proof of Income

2000 San Francisco

Laredo, TX 78040

956-722-4521

Section 8 Program: 956-722-0221

Low Rent Program:

Cherry Hill Apartments

1300 E. Calton Rd

956-727-5705

Laredo Manor Apartments	300 E. Mann Rd	956-723-1412
Laredo Municipal Housing	559 B. Poplar Lane	956-795-2320
Rosemont of Laredo Vista	5606 St. David Lane	956-717-2991
Villa Del Rio Apartments	409 Riverhill Loop	956-791-5666
Broadacres Apartments	4600 McPherson Ave	956-722-6369
Tomas Flores Apartments	2302 Lafayette	956-795-2330
Azteca Housing Development	200 Zaragoza	956-712-3122

SCAN—Parenting Classes

Free Parenting Classes; Classes are Mondays at 10:00 am or 5:30 pm; 8 Classes that are 30-45 minutes long

2387 E. Saunders

Laredo, TX 78041

956-724-3177

Contact: Nidia Perez

Catholic Social Services

Provides emergency aid to avoid disconnection of utilities, assistance with rent to avoid eviction, assistance with medical prescriptions, immigration services, assistance with food and referrals to other community resources

1919 Cedar

Laredo, TX 78040

956-722-2443

Community Action Agency

Locations Vary (Please inquire during phone call) Provide assistance with electric bill for up to 6 months to achieve long-term self sufficiency for low-income households through case management activities.

956-523-4182

Angel Food Ministries

A non profit, non denominational organization dedicated to providing relief and financial support to communities throughout the US

First United Methodist Church

1120 McClelland

Laredo, TX 78043

956-722-1674

State Resources:

Safe Rider Program

A Texas-wide Child Passenger Safety (CPS) program dedicated to preventing deaths and reducing injuries to children due to motor vehicle crashes

1-800-252-8255

www.dshs.state.tx.us/saferiders

211 Texas

A free helpline on services in your area answered 24 hours a day, 7 days a week in many languages
211

www.211texas.org

Texas Workforce Center

Offers Job Training and assistance in attaining employment.

2389 E. Saunders St.

Laredo, TX 78041

956-794-6500